


Are you a parent or carer of a child (aged 0-25) who has experienced mental health difficulties?

Join our steering group to help guide the Parent Carer Research Network

The network champions the voices of parents and carers in children and young people's mental health research.

 **Have your say** on how the network runs and help shape what we do

 **Work together** on ideas, resources, and support for other parents, carers, and researchers

 **Make a real difference** in a supportive, welcoming space

Anyone can apply, but we'd especially love to hear from:

- fathers and male carers
 - parents and carers living in the midlands, north of England, or devolved nations
 - adoptive or foster parents and carers
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Apply by: 1 June 2026, 5pm

Find out more: mhid.org.uk/join-the-parent-carer-research-network-steering-group/